

The Contact

March 2006

Pastor Paul D. Ostrem
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Oscar Alvarez —Custodian
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Worship Service

Sunday Worship Service 8:00 & 10:30 A.M.
Sunday School 9:15 A.M.

Mid-week Lenten Services
5:30 P.M.

Zion Lutheran Church
PO Box 585
6th & Sycamore St
Muscatine, IA 52761
563-263-5074

Return service requested

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The sermon series for our mid-week Lenten services this year was sparked by a chapter in ELCA Bishop Mark Hanson's little book, Faithful and Courageous. He says, "*Jesus had the audacity to ask questions when one might have expected him to be silent or to offer words of comfort or conviction.*" He goes on to say, "*Jesus the questioner invites us to experience the depth of God's grace and mercy. As we read the probing questions of Jesus, they are asking us to reassess our lives as well as his. . . Jesus' questions often invited his hearers to critical reflection on their lives, leading them to repentance. Jesus' questions opened those questioned to see differently the presence and promises of God.*" Later Hanson says, "*Questions can become the occasion for deepening faith and growing wisdom.*"

Experiencing the grace and mercy of God, critical reflection on our lives, repentance, seeing the presence and promises of God, deepening faith, growing wisdom – perhaps it is all too much to ask or to expect from a series of sermons and worship services, but we are going to give it a try, because all of that is what Lent is about. Please pray for me as I prepare these services that God's Spirit may be at work in me and among us all that the things listed above might be a reality during these forty Lenten days.

In the past, Lent at Zion has delivered at least for me, many of those things – reflection on my life, a growing aware of the presence and promises of God, and a deepening faith. Our time on Sundays and Wednesdays during Lent and in preparation for the celebration of Easter has been some of the most enriching time for me and I believe for many of you. I encourage you to be with us both on Sunday and Wednesday during Lent. You yourself and those around you will be strengthened by his Lenten discipline.

Bishop Hanson says, "*Questions invite us to contemplate the mystery of being human, the complexity of relationships, and the wonder of God's grace.*" I hope it can be so for us this Lent.

Pastor Ostrem

In working with the 4th Grade class and their study of Holy Communion, we always begin with their Baptism. All of us have roles as baptized children of God. The following acrostic contains ideas for your Lenten journey:

B Begin each day by looking in the mirror and remember the words of Martin Luther: "When you wash your face, remember your baptism." What does that mean to you?

A Ask yourself regularly: "How am I living my faith in my daily life?" Look for ways that your life is a reflection of faith to others.

P Pray regularly. Set aside a time each day to pray for the church, the world, and people in need.

T Think about your actions and their impact upon others—family, congregation, community, globally. How does what you buy effect God's creation? Do you recycle?

I Identify the gifts that God has given you. Take some time during Lent to enjoy those gifts and perhaps share them with others.

Z "Zap"—discard something in your life. It can be material items that are cluttering up your home or something spiritual.

E Emulate the actions and the example of our Lord in your dealings with people in your daily life.

D Discover God's presence in every part of your life. Look for God in all of creation but especially in your friendships. Write a letter to a friend.

I hope that you enjoy this year's journey to Easter as a special time for renewed reflection on your Baptism.

Blessings, Cheryl

PRAYER CORNER

"Let us pray for the whole people of God in Christ Jesus and for all people according to their needs."

Those hospitalized and those who have requested our continued prayers:

Karen Padgett Hilda Collitz Cynthia Maeglin
Carolyn Peters Jean Miller Art Miller
Sam Morris Ruth Unkel Helen Stange
Riley Padgett Mike Jensen

Those who have lost loved ones:

the family of Helena White (mother of Don White)
the family of Craig Koll (son of Dick and Pat Koll)
the family of Judy Peterson (sister of Kathy Meyer)
the family of Christina Holtz
the family of Ellis Carter (father of Mike Carter)

Fourth Graders receiving their first communion:

Hannah Creamer Austin Platt Zachary Sargent
Cameron Schippers Rylee VanWey
Samantha Fulton Tyler Toyne Alexis Alvarez

Other Special Needs:

- 1) Pray for the hungry and the homeless throughout the world, for those for whom the cold weather will present special challenges and dangers, for the ELCA Hunger Appeal, and the work of Bread for the World.
- 2) Pray for our Bishops, Mark and Philip; our missionary to Japan, Heather Simpson; and all who serve the Church.
- 3) Pray for our nation, for peace in our world, an end to all conflicts, and for all those who serve our nation on foreign soil.
- 4) Pray for Adam Merrill and Jeff Moore who recently left for basic training.
- 5) Pray for our Lenten observance and for the midweek services.
- 6) Pray for Lutheran Services in Iowa, the Lutheran, MCSA, and the food pantry.
- 7) Pray for all those taking "The Lutheran Course."
- 8) Pray for our elected leaders serving in city hall, in Des Moines, and in Washington DC.



The Fellowship Committee invites you to express your warmest wishes to the following members of Zion who celebrate their 80th or older birthday this month:

HAPPY BIRTHDAY WISHES TO

<i>GENEVIEVE MCDANIEL</i>	<i>MARCH 1</i>
<i>GEORGE BLACKWOOD</i>	<i>MARCH 7</i>
<i>RICHARD KOLL</i>	<i>MARCH 16</i>
<i>RUTH HANSON</i>	<i>MARCH 25</i>



Heartfelt Thanks

Last month there was a lot of attention paid to hearts and heart health. The Social Ministry is concerned about the health of our congregation's hearts not only during February but every month. On the second Sunday of each month, the committee provides Blood Pressure checks. Committee member Carol Christophersen coordinates this activity. In addition to Carol, the following nurses from our congregation assist with this important activity. They include Ella Mae Evenson, Vivien Halloran, Rosemarie Paul, Elaine Petersen, Sara Reusswig, Linda Snodgrass, and Nancy Tietge. A big thank you to our nurses who take the time to perform these duties. Come and see them between services on the second Sunday each month.

Thank You!

Thank you for the lovely cards and well wishes for our wedding anniversary. We really appreciated each one of them.

Ivan & Gertrude Day

Thank you for the memorials, the card, and prayers for our Mom, our Grandma and our Great-Granma.

Don & Jeannette White
Jeff, Denise & Meredith Baird

I want to thank Pastor Paul & Cheryl for their visits and prayers while I was in the hospital. They were so meaningful and encouraging. I'm sure they contributed to my recovery. Also thanks to all who sent get well cards. I really appreciated them.

Dorothy Tiecke

Thank you to everyone who attended the Youth Sponsored Valentine Dinner. Your support is appreciated.

The Youth Committee

Adult Forums

During March, our adult forums will focus on the theme **"God at Work in Our Community"**. Representatives and leaders from four different agencies which focus on meeting various human needs in a variety of ways in Muscatine will be our presenters. Join us at 9:15 in the fellowship hall for these presentations:

March 5 – Karmon Bjella, Unity Health Systems

Come learn about new ventures in health care in Muscatine, including remodeling and building projects, new services, and opportunities for the future.

March 12 – Sister Irma Ries, Muscatine Center for Social Action

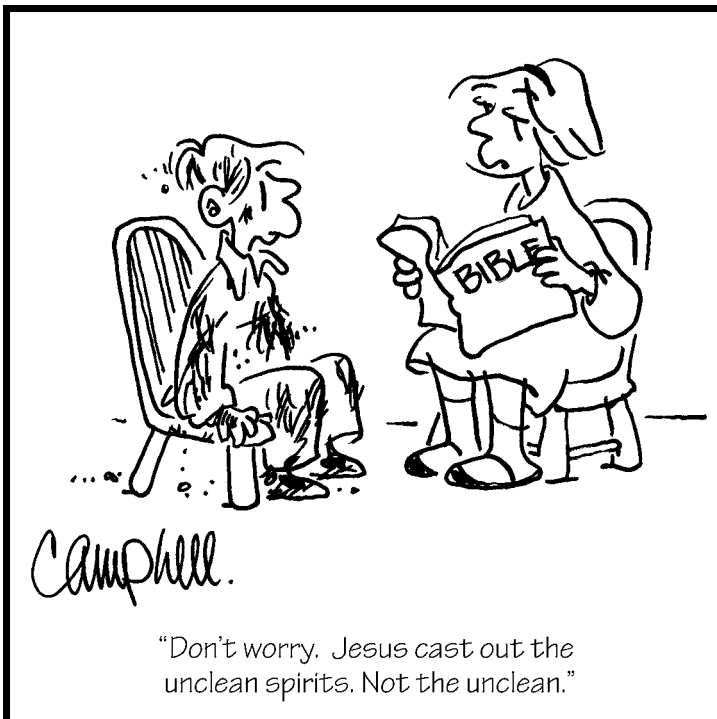
Can a community take pride in a "state of the art" homeless shelter? Muscatine can and should! Come hear how MCSA seeks to take the "less" out of "homeless" and to make 312 Iowa Avenue into a home for people in need. If you have not heard about the pediatric dental clinic, the commuter lab and other programs which are a part of their work, here is your chance.

March 19 – Mike Johannsen, Muscatine Community Services

"The times, they are a changing." Such is the climate of the work of Muscatine Community Services as they seek to assist people with disabilities, to alleviate poverty, and move people to a more productive and meaningful existence. Come hear about the challenges of "welfare reform"; the work of the food pantry and the Almoner's Fund; and of new trends and ventures in Muscatine County.

March 26 – Mary Odell and Cheryl Plank, Lutheran Services in Iowa

You won't believe the number of people employed by LSI in Muscatine! The work they do in our community is varied and has a deep impact upon many of our citizens. Ever wonder what goes on in that house Zion owns on Cedar Street? Come hear about HOPES and other services available in Muscatine.



SOCIAL MINISTRY

Soon it will be spring and Easter. The Social Ministry Committee will again be remembering our care center members, so we need the following:

- ◆ Sniffs (small packages of Kleenex)
- ◆ Individual wrapped packs of cheese and crackers or peanut butter and crackers
- ◆ Men's handkerchiefs
- ◆ Small tubes of hand lotion.
- ◆ Nabisco 100 calorie packs (cookies, candy, crackers, etc.)
- ◆ Large print word-find books.

If you would like to donate any of the above, a box will be placed in the Fellowship Hall to collect the items.

Thanks for Caring!

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## A Resource for Families

Christy Roby Williams, a member of Zion and a social worker with Lutheran Services in Iowa, has graciously offered to volunteer her time and gifts to do family intervention, mentoring, and referral for members of our congregation. She is willing to help families around issues of child-rearing, communication, marital conflict, teen issues, and all family dynamics. Feel free to contact her at 260-5401.



## Sowers

Will meet at Bonnie Nicolai on March 27 at 6:30 p.m. (Note the date change this month!) Come join us for good fellowship while working on your latest project.



## ZLCW NEWS

*“TO MOBILIZE WOMEN TO ACT BOLDLY ON THEIR FAITH IN JESUS CHRIST”*

**“To Mobilize Women to Act Boldly on Their Faith in Jesus Christ”**

**“OUR YEAR TO SHARE ~ OUR YEAR TO CARE”**

update: Eye glasses collected 7 children, 19 adult and 12 pairs of sunglasses that were taken to Vision Center. Pat Tober is willing to take the glasses anytime and the box will remain by the bulletin board. **DO NOT DONATE:** cases, broken glasses or lenses only. Eye doctors from Muscatine will take all donated glasses to Guatemala.

Our Care kits continue in March with the following:

**Sewing Kits** includes 3 yards of 44-45" cotton or cotton blend solid or printed material, 1 package of needles, 1 spool of matching thread and 1 card of buttons. Wrap all sewing notions inside the fabric and tie with string, yarn or strip of fabric. Remember you may provide a whole kit, find two or three friends and create a kit, or just provide an item or two. **ALL contributions are welcome.** A collection box is on the lower level by the ZLCW bulletin board. In April, these items, as well as completed quilts, bath soap and the health kits collected in February will be gathered, boxed up and sent to Cedar Rapids for Lutheran World Relief. All members of Zion are encouraged to participate in this project.

Don't forget: Monday, March 20 at 7:00 p.m.- ZLCW General Meeting (a memorial service honoring women who have died last year; a short business meeting; music and refreshments). Bring one dish cloth for a "kitchen shower". We hope to see many of you there.

Continue to support the ZLCW by purchasing cards and napkins. They are available for purchase on designated Sundays and on Wednesday evenings during Lent. Remember, if no one is at the cabinet, please find Cheryl Jacobsen, Bertha Toyne or leave your money in the church office.

Don't forget to check out the ZLCW bulletin board and remember to visit the women's page on Zion's website at <http://www.zionmuscatine.org>

**“ . . .ACT BOLDLY ON YOUR FAITH . . .”**

## WANTED

The Parish Education Committee will be doing an Easter Family Devotion. They are in need of one dozen size egg cartons and plastic eggs.

If you are willing to donate any of the above, please drop them off in the church office by March 26. Thank you.



### LIMITED FISHING

A boy was asked by his Sunday school teacher if he thought Noah did much fishing off the ark?



“How could he?” replied the lad. “He only had two worms and there were only two fish.”



We are offering Easter Lilies in honor or memory of a loved one. The lilies will be purchased from Garrisons Market in Wilton and will be \$9.00 delivered to the church. There will be envelopes in the narthex for you to use for purchasing a lily. On the bottom of the envelope is a line if you want to offer a contribution to World Hunger.

In the name of Jesus Christ,  
who is the host of the great feast  
and is truly present as the feast itself,

*Alexis Alvarez  
Hannah Creamer  
Samantha Fulton  
Austin Platt  
Zach Sargent  
Cameron Schippers  
Tyler Toyne  
Rylee VanWey*

are invited to receive

## THE SACRAMENT OF HOLY COMMUNION

at Zion Lutheran Church on  
Sunday, March 5, 2006.

May the gifts of the body and blood  
of our Lord and Savior  
strengthen and keep you in grace  
and may you be nourished  
in the fellowship of the believers  
throughout your life.



\*\*\*\*\*

### Supper Club

Supper Club will meet Saturday, March 18, 6:00 p.m. at the Elms. Come and join us for fun, fellowship and good food.

# Faith Intersections

## *Sally Echelbarger*

*\*Occupation:* Teacher

*\*Interesting Fact:* I am the youngest of five children. I am raising only two children and I don't understand how my parents raised five!

*\*How do you serve God in the world?* I try not to judge others, but understand them. I try to do what is right—as a daughter, mother, wife, teacher, and friend.

*\*How has your faith helped you?* Knowing God is always with me is very comforting.

*\*Favorite Bible Verse/Hymn:* “Friends are Friends Forever if the Lord's the Lord of Them.”

*\*Like most about Zion:* The people of Zion and Pastor Paul's sermons.

## *Peggy Starkweather*

*\*Occupation:* Human Resources Manager, The HON Company

*\*Interesting Fact:* I was a flight steward on Air Force One during the Nixon, Ford, & Carter Administrations.

*\*How do you serve God in the world?* By trying to live my faith as an example to others.

*\*How has your faith helped you?* I am comforted and strengthened every day knowing that God is always with me.

*\*Favorite Bible Verse/Hymn:* Although not a hymn, my favorite piece of music performed at Zion is “*The Christmas Prayer*” (during the Choral Service by the Senior Choir). If you really exam the words, it allows you to have Christ with you all year round.

*\*Like most about Zion:* The manner in which Pastor Paul uses current situations in life to tie into Biblical lessons during his sermons and the Advent Choral Service at Christmas time.

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## **A TID-BIT FROM LSI (LUTHERAN SERVICES IN IOWA)**

In a recent Bremwood (Waverly) campus worship, residents were asked to consider what part of the human body they were like. Some responses were:

- I'm kind'a like hair because I'm treated gently and some days I'm up and some days I'm down.
- I'm sort of like a nose, because I keep getting into other people's business.
- I think I'm like the brain because I have the power to tell myself what to do and I'm active and full of energy.
- I'm the heart, because I have compassion and I care for others.
- I'm the eyes because I see things like an artist. I notice things that others don't see.
- I'm like a big mouth because I keep saying things that get me into trouble.

It's important to see that we function like parts of a whole body; working together with others, considerate of others and interested in other's perspectives. (1 Corinthians 12:12-26)

(Pastor Dennis Bauer, Bremwood spiritual life leader, Waverly)

# Youth News



## **Summer Houseboat Trip**

**July 30-August 4, 2006  
Grades: 6-12**

We will be spending a week on a houseboat on Lake Vermillion, Cook, MN. On the way, we will stop at the Mall of America and spend the night in the Minneapolis area.

Final Call!! Registrations are being mailed on *March 3*. The following youth have registered:

|                     |               |
|---------------------|---------------|
| Meredith Baird      | Alex Heckman  |
| Mary Berns          | Philip Ostrem |
| Chelsea Echelbarger |               |
| Katie Manley        | Alex Merrill  |
| Kathleen Pusateri   |               |
| *Denise Baird       | *Kent Heckman |
| *Cheryl Hollich     |               |



## **San Antonio Youth Gathering Trip July 12-16**

We should receive our hotel assignment soon. The group will continue work on the covenant on Sunday evenings. Participants will be emailed regarding the dates and times.



## **LENTEN DINNERS**

The youth have been asked to serve the **Wednesday, March 22, Lenten Dinner**. If you can help with providing food, preparing food, or working please sign up on the youth or nursery bulletin board. This is a fundraiser for youth.



## **Lock-in**

**March 24-25  
6:30 PM - 10:00 AM**

**Theme: Anyone,  
Anywhere, Anytime**

Calling all 6-12<sup>th</sup> Graders...

There will be fieldtrips to find out about people who work while we sleep; bowling; food; games; and a movie.

Cost: \$5 per person and a canned good for the food pantry.

You will also receive a list of what to bring after you have signed up and registered.

This is one event where you must sign up by *March 19* and pay your \$5 or you cannot attend!

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## Lay Readers

### 8:00 A.M.

*March*      5      Jon Benson  
              12      John Dotson  
              19      Denise Baird  
              26      Carolyn Kemper

### 10:30 A.M.

Sarah Perisho  
Mark Perisho  
Rosemary Hollatz  
Bonnie Nicolai

### 5:30 P.M.

                  1      Phyllis Hoffman  
                  8      Brenda Roskins  
                 15      Linda Bjella  
                 21      Dick Marr  
                 29      Terri Hanson

## Greeters

*March*      5      Lorna Welk & Carolyn Kemper      Dave & Doris Watson  
              12      Don & Jeannette White      Helen Dusenberry & Nancy Tietge  
              19      Jerry & Carol Timm      Jeff & Darcy Kokemuller  
              26      Al & Dee Miller      Ruth Starkweather & Lois Greenwald

### 5:30 P.M.

                  1      Dave & Gail Pusateri  
                  8      Butch & Rosemarie Doyle  
                 15      Don & Shirley Stange  
                 21      Wilma Fosholt  
                 29      Mark & Sarah Perisho

## Acolytes

### 8:00 A.M.

*March*      5      Cole Morgan & Zarah Batie  
              12      Brandon Bass & Katie Manley  
              19      Kody Bass & Meredith Baird  
              26      Cole Morgan & Marissa Toyne

### 10:30 P.M.

Ben Chrisman & Alex Merrill  
Philip Ostrem & Mario Alvarez  
Brandon Honeyman & Ben Chrisman  
Zarah Batie & Philip Ostrem

### 5:30 P.M.

                  1      Kathleen Pusateri & Meredith Baird  
                  8      Cody Bass & Chelsea Echelbarger  
                 15      Brandon Bass & Kathleen Pusateri  
                 21      Katie Manley & Zarah Batie  
                 29      Philip Ostrem & Mario Alvarez

## Ushers

*March*      **Art Miller**      Dave Phelps      **Riley Padgett**      Charles Meyer  
              Halston Phelps      Charles Hoffman      Ernest Marolf      Mike Watson  
              Jacob Dornbush      Justin Dornbush      Bob Pugh      Mark Perisho

## Hospitality







*March*      12      Property Committee  
              26      Stewardship Committee

## Altar Guild

Mary Butcher  
Betsy Martin

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# MARCH 2006

| Sunday                                                                                                                                                                                                                  | Monday                                                                                                                                                                                | Tuesday                                                                                                                                                                                                     | Wednesday                                                                                                                                                                                                                | Thursday                                                                                                                                                                         | Friday                                                                                                                                       | Saturday                                                                                                                                                             |
|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <p><b>26</b><br/> <b>8:00 AM</b> Worship Service<br/> <b>9:15 AM</b> Sunday School/Adult Forum<br/> <b>9:15 AM</b> 1st Communion Class<br/> <b>10:30 AM</b> Worship Service<br/> <b>6:00 PM</b> The Lutheran Course</p> | <p><b>27</b><br/> <br/> <b>6:00 PM</b> Sunday School<br/>                     Teacher Mardi Gras</p> | <p><b>28</b></p>                                                                                                                                                                                            | <p><b>1</b><br/> <br/>                     Ash Wednesday<br/> <b>Ash Wednesday</b><br/> <b>5:30 PM</b> Ash Wednesday Service</p>       | <p><b>2</b><br/> <b>4:45 PM</b> Planning Committee<br/> <b>6:00 PM</b> Gateway Committee<br/> <b>6:30 PM</b> Social Ministry Committee<br/> <b>7:00 PM</b> Worship Committee</p> | <p><b>3</b></p>                                                                                                                              | <p><b>4</b></p>                                                                                                                                                      |
| <p><b>5</b><br/> <b>8:00 AM</b> Worship Service w/HC-1st Communion<br/> <b>9:15 AM</b> Sunday School/Adult Forum<br/> <b>10:30 AM</b> Worship Service w/HC-1st Communion<br/> <b>6:00 PM</b> The Lutheran Course</p>    | <p><b>6</b><br/> <b>6:30 PM</b> ZLCW Board Meeting</p>                                                                                                                                | <p><b>7</b><br/> <b>6:15 PM</b> Fellowship Committee<br/> <b>7:00 PM</b> Stewardship Committee<br/> <b>7:00 PM</b> Evangelism Committee<br/> <b>8:00 PM</b> Finance Committee</p>                           | <p><b>8</b><br/> <br/> <b>4:30 PM</b> Youth Choir<br/> <b>5:30 PM</b> Lenten Service &amp; Dinner<br/> <b>7:00 PM</b> Senior Choir</p> | <p><b>9</b><br/> <b>6:45 PM</b> Executive Committee<br/> <b>7:30 PM</b> Church Council</p>                                                                                       | <p><b>10</b></p>                                                                                                                             | <p><b>11</b></p>                                                                                                                                                     |
| <p><b>12</b><br/> <b>8:00 AM</b> Worship Service<br/> <b>9:15 AM</b> Sunday School/Adult Forum<br/> <b>10:30 AM</b> Worship Service<br/> <b>1:00 PM</b> Piano Recital<br/> <b>6:00 PM</b> The Lutheran Course</p>       | <p><b>13</b></p>                                                                                                                                                                      | <p><b>14</b><br/> <b>5:45 PM</b> Memorial Committee</p>                                                                                                                                                     | <p><b>15</b><br/> <b>4:30 PM</b> Youth Choir<br/> <b>5:30 PM</b> Lenten Service &amp; Dinner<br/> <b>7:00 PM</b> Senior Choir</p>                                                                                        | <p><b>16</b><br/> <b>6:30 PM</b> Property Committee<br/> <b>7:30 PM</b> Group 5- Lee Denker</p>                                                                                  | <p><b>17</b></p>                                                                                                                             | <p><b>18</b><br/> <br/> <b>Monthly Dinner</b><br/> <b>6:00 PM</b> Supper Club</p> |
| <p><b>19</b><br/> <b>8:00 AM</b> Worship Service w/HC<br/> <b>9:15 AM</b> Sunday School/Adult Forum<br/> <b>10:30 AM</b> Worship Service w/HC<br/> <b>6:00 PM</b> The Lutheran Course</p>                               | <p><b>20</b><br/> <b>7:00 PM</b> ZLCW General Meeting</p>                                                                                                                             | <p><b>21</b><br/> <b>1:30 PM</b> Group 4- Rose Marie Doyle<br/> <b>5:00 PM</b> Parish Ed - Salvatores<br/> <b>6:30 PM</b> Thrivent Committee</p>                                                            | <p><b>22</b><br/> <b>4:30 PM</b> Youth Choir<br/> <b>5:30 PM</b> Lenten Service &amp; Dinner<br/> <b>7:00 PM</b> Senior Choir</p>                                                                                        | <p><b>23</b><br/> <b>7:30 PM</b> Group 6 - Brenda Roskens</p>                                                                                                                    | <p><b>24</b><br/> <br/> <b>6:30 PM</b> Youth Lock-in</p> | <p><b>25</b></p>                                                                                                                                                     |
| <p><b>26</b><br/> <b>8:00 AM</b> Worship Service<br/> <b>9:15 AM</b> Sunday School/Adult Forum<br/> <b>10:30 AM</b> Worship Service<br/> <b>6:00 PM</b> The Lutheran Course</p>                                         | <p><b>27</b><br/> <b>6:30 PM</b> Sowers - Bonnie Nicolai</p>                                                                                                                          | <p><b>28</b><br/> <br/> <b>VBS Planning</b><br/> <b>5:30 PM</b> VBS Planning<br/> <b>6:30 PM</b> Parish Ed Committee</p> | <p><b>29</b><br/> <b>4:30 PM</b> Youth Choir<br/> <b>5:30 PM</b> Lenten Service &amp; Dinner<br/> <b>7:00 PM</b> Senior Choir</p>                                                                                        | <p><b>30</b></p>                                                                                                                                                                 | <p><b>31</b></p>                                                                                                                             | <p><b>1</b></p>                                                                                                                                                      |